

Planning your finances is an essential part of preparing for your faculty-led study abroad program. Taking the time to estimate your expenses before you travel will help you budget wisely, explore available funding resources, and avoid unexpected financial challenges. A well-planned budget will allow you to focus on your academic and cultural experience with greater confidence.

Sac State Faculty-Led Programs Budget Estimate Worksheet

Use this fillable form to help you determine what the estimated costs will be for your study abroad program.

PROGRAM FEES (FIXED COST)	Amount
Program fees	
ESTIMATED PERSONAL EXPENSES	Amount
Extra meals	
Airfare	
Passport/visa	
Spending money	
In-country transportation	
Personal travel	
Immunizations	
Mobile phone plan & SIM card	
Other	
ESTIMATED TOTAL EXPENSES	\$ 0.00 -
FUNDING SOURCES	Amount
Estimated Financial Aid	
Estimated VA Benefits	
Estimated scholarships and awards	
Savings	
Work income	
Family support	
Other	
ESTIMATED TOTAL FUNDING SOURCES	\$ 0.00 -
ESTIMATED REMAINING COSTS	\$ 0.00 -
EXCHANGE RATE	
<i>Knowing the current exchange rate can help you budget for your trip.</i> <i>Although rates may fluctuate, reviewing the exchange rate now will help you estimate estimate your expenses.</i>	
Exchange rate	\$1 =